

I. COURSE DESCRIPTION:

A. Department Information:

Division: Social Science and Human Development
Department: Human Services
Course ID: HUMSV 197A
Course Title: Alcohol/Drug: Intern Seminar I
Units: 1
Lecture: 1 Hour
Laboratory: None
Prerequisite: None

Department Advisory: Prior to field work courses, students should complete four of the Human Services courses required for the Alcohol and Drug Studies Certificate (one of which must be either Humsv 181 or Humsv 190) with a grade of C or better. Humsv 179, if not taken before field work courses, should be taken during the first semester of field work.

B. Catalog Description: An introduction to the duties and work objectives of counselors in alcohol/drug and related fields. Basic skills are developed through discussion and demonstration. This course serves as a lecture-based support for students in fieldwork. STUDENTS SEEKING ALCOHOL/DRUG STUDIES CERTIFICATE SHOULD ALSO TAKE HUMSV 183 AND HUMSV 198A.

C. Schedule Description: An introduction to the duties and work objectives of counselors in alcohol/drug related fields. STUDENTS SEEKING ALCOHOL/DRUG STUDIES CERTIFICATE SHOULD ALSO TAKE HUMSV 183 AND 198A.

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One

III. EXPECTED OUTCOMES FOR STUDENTS:

Upon completion of the course the student should be able to:

- A. Identify and demonstrate the core functions of Alcohol/Drug Counselors on a rudimentary level;
- B. Execute the principles of screening clients;
- C. Demonstrate a working knowledge of the intake process
- D. Describe the elements of orientation
- E. Assess materials studied
- F. Formulate and execute specific treatment planning;
- G. Apply the principles of counseling to specific clients
- H. Explain the fundamentals of case management
- I. Assume the role of the counselor in various kinds of crisis intervention
- J. Discuss client education
- K. Discuss steps in making referrals
- L. Demonstrate skills needed in the handling of reports and records
- M. Consult with other professionals in regard to client treatment services.

IV. COURSE CONTENT:

- A. Internship Parameters
- B. Goal Setting
- C. Legal Rights
- D. Ethics
- E. Communication
- F. Staff/Staff Relations
- G. Staff/Client Relations
- H. Goal Review

- I. Observation Process and Techniques
 - J. Detecting Process and Techniques
 - K. Report Process and Techniques
 - L. Written Report Process and Techniques
 - M. Intake Process
 - N. Interview Process and Techniques
 - O. Goal Evaluation
 - P. Course Summary and Evaluation
- V. METHODS OF INSTRUCTION:**
- A. Lectures, providing guidance and direction for fieldwork
 - B. Discussion
 - C. Demonstrations
 - D. Term project
- VI. TYPICAL OUT-OF-CLASS ASSIGNMENTS:**
- A. Write a paper of delegated length describing and summarizing counseling process and techniques, including the following:
 - 1. Screening
 - 2. Orientation
 - 3. Intake
 - 4. Interview
 - 5. Case management
 - 6. Treatment
 - 7. Goal evaluation
 - B. Find appropriate materials to use for a specific client, for education purposes.
 - C. Formulate and employ a specific treatment plans for a client you are counseling.
 - D. Demonstrate your understandings and skills by implementing them in counseling specific clients. .
- VII. EVALUATION (S):**
- A. Methods of Evaluation
Will be based on clarity of thought, expression, and application of course concepts to materials studied. Grading may be comparative within class, or may be based on an absolute standard. Methods of evaluation will vary with instructors and may include:
 - 1. Objective tests
 - 2. Essay tests
 - 3. Writing assignments
 - 4. Term projects
 - B. Frequency of evaluation will vary with instructors and may include:
 - 1. One mid-term examination
 - 2. One final examination
 - 3. Weekly evaluated written assignments
 - 4. Term project due at end of semester
 - 5. A term paper due at end of semester
 - C. Typical Exam Questions
 - 1. What is Breach of Confidentiality and why is it an important element in drug/alcohol counseling?
 - 2. Why do you want to be an alcohol/drug counselor? What are the "roots" of your interest?
 - 3. List the primary points to remember in communication with a client.
 - 4. Name some legal-rights involving counselor/client.
 - 5. Write a paragraph on the importance of internship parameters.

VIII. TYPICAL TEXT(S):

Texts will vary with instructors but will include current references.

IX. OTHER SUPPLIES REQUIRED OF STUDENTS: None